



BODY IN CULTURE - CULTURE IN BODY
INTERNATIONAL CONFERENCE ON
CULTURE, BODY, GENDER, HEALTH, SEXUALITY IN ADULT TRAININGS

11th-12th September 2013

Bruges, Belgium

Application deadline for support for participants: 30th April 2013

BODY Culture, Body, Gender, Sexuality in Adult Trainings

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www.bodyproject.eu

A conference on culture, body, gender, health, sexuality in adult trainings...

BODY www.bodyproject.eu is a two-year Grundtvig project, which is funded by the European Commission under the Lifelong Learning Programme, Grundtvig. The BODYproject has the overall aim to explore how our perception of the body and body-related themes such as health, disease, gender, age, sexuality and disability is influenced by cultural differences and on the same affects our intercultural communication. Furthermore, the goal is to provide exemplary knowledge and experience on how professionals can handle cultural differences linked to the body in an appreciative and respectful way, when being in contact with citizens and users. It may apply to adult teachers and trainers as well as counsellors, integration workers, health workers, social workers, job consultants, sexual supervisors, disability consultants and other frontline staff all over Europe.

Based on the specific method of Critical Incidents proposed by Margalit Cohen-Emerique, the partners in the BODY project have collected and analysed a large number of concrete examples of how professionals in many different contexts have experienced and handled "culture shock" in reference to cultural perceptions of the body and body-related themes such as disability and sexuality etc. We also identified a wide range of examples that illustrate how people around Europe through professional cultural encounters have developed best practices to accommodate cultural differences in body language and body image. The best practices all operate in the intersection between culture and body where intercultural empathy and respect have overcome the communication challenges and barriers that traditionally are known to be linked to the specific communication of the body.

We invite to participate:

Trainers involved in adult education, in particular working with multicultural groups

Teachers, trainers of body-related activities (dance, sport, yoga etc.)

Social workers, health professionals performing educational activities

Students of adult education

Why participate?

- Propose interactive workshop sessions
- Bring your practices, approaches to share with others
- Come to attend and exchange with others, learn from others

How to participate?

For participants involved in adult education in LLP countries individual mobility grants can be applied for at your national agencies. The deadline for applications is the 30th of April. You will need to attach a letter of acceptance on behalf of the organiser Elan Interculturel. Please contact us by the 28th of April to leave time for the issuing of the acceptance letters.

Venue:

Bruges

The conference includes:

Plenary sessions
Open space for discussions and exhibition
Interactive workshop sessions



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Closing conference of the BODY project

Bruges 11-12 September 2013

11th SEPTEMBER 2013 DAY 1

time	Session title	<i>description of the session</i>
8.30	Registration + installation of the Bazaar	The Bazaar is a space where participants can expose information on their activities, tools, projects related to the conference theme.
9.30	Welcome and opening of the conference	Welcome by representative of host organisation KVG
9.45	Intro to the BODY project	Short introduction of the BODY project
10.05	Plenary: Anthropology of the BODY in multicultural societies	An introduction into the cultural diversity concerning the body and its impact on our lives in multicultural societies
11.00	Coffee break	
11.20	Parallel sessions – diagnostics of diversity	Interactive sessions on the following themes (please register in advance!)
	Room 1: Mirrors of the body – learning about ourselves through others	Room 1: An interactive exercise based on images to unveil our own cultural norms, expectations, values connected to the body.
	Room 2: Separate to integrate – recognizing special needs without excluding	Room 2: An interactive session to explain and think about the place of a person with a disability in society.
	Room 3: Biology is cultural: unveiling the diversity behind the universal	Room 3: An interactive exercise to appreciate the cultural diversity concerning the body.
12.50	Lunch break + visit to the Bazaar	
14.00	Presentation of the BODY products: critical incidents, best practices, reader, international training, manual	Presentation and discussion of different products of the BODY project led by the responsible of each product
15.00	Interactive coffee break (chance to talk more about the BODY products and the project team)	A chance to learn more from each other / the partners of the BODY team
15.50	Parallel sessions - interactive embodied exercises: Room 1: Movement as contact Room 2: In between us	Room 1: Movement as contact: an all inclusion contact dance session showing how the body can become an interface, a source of contact and common experience Room 2: Presentation of the “In between us” workshop that gathered people from different European countries in the common aim of suggesting new approaches to tackle stereotypes and assumptions about sexuality and to create a space for self and group reflection about personal, national and European values related to sexuality.
17.20	Daily evaluation and closing	

12th SEPTEMBER 2013 DAY 2

time	Session title	<i>description of the session</i>
9.30	Welcome to day 2	
9.45	Parallel sessions: Room 1: Health in a holistic perspective Room 2: Anthropology of touch Room 3: Body and communicating across cultures	Room 1: We draw a short outline of good practices where body-related training has been used as a mean of strengthening both physical and mental resources among migrants. Room 2: We experience the power of touching and how it can contribute to the wellbeing of a person. Room 3: Interactive introduction to the cultural diversity of non verbal communication
11.15	Coffee break	
11.30	Parallel sessions: our methods Room 1: Sex in action Room 2: Body in disability trainings Room 3: Culture with healthy inclusion	Room 1::In this interactive workshop we take sexuality as something more than a “body issue” neither universal or simply “natural” but more deeply connected to our cultures. We are all sexual beings even as trainers, care-givers or other professionals and this always has an effect on how we interact or work with other people. Room 2: An interactive session about the way we can use body and BODY into training dealing with disability. Room 3: This session deals with methods in the intersection between body, health, illness and culture. The body is a core point in all activities within the healthcare sector in all countries all over the world. Yet, the concept of illness and health may differ in many ways, and cultural differences and hierarchies have led both to generalizations and excluding processes about the resources and capacities among ethnic minorities.
13.00	Lunch break + Bazaar of Good Practices	Before / after lunch participants can exchange about their own practices / methods exposed
14.00 15.00 16.00	Open space sessions dedicated to trainers’ skills and competences linked to body, gender, sexuality, health Sharing	This open space session gives the opportunity to participants to work on issues related to trainers’ skills, competences, tools linked to the body themes. The groups will meet again in plenary to share the outcomes / conclusions of their discussion
16.30	Evaluation and things to take home	
16.50	Closing	

APPLICATION: THREE STEPS FOR OBTAINING THE GRANT AND PARTICIPATE

- Step 1.

If you think that attending the course could be useful for you and your trainees please contact us under info@bodyproject.eu. You will receive a pre-registration form from us, which you have to submit to your National Agency under the Grundtvig Programme for adult education

http://ec.europa.eu/education/lifelong-learning-programme/doc86_en.htm

- Step2.

Contact your National Agency. There you will get the application form for the training course.

For receiving a grant from your National Agency you have to fill in the application form thoroughly.

Tips and information on how to fill out the application form correctly can also be found on the homepage of your National Agency.

Send the completed application form electronically to your National Agency. The deadline for application is 30th April 2013

- Step3.

Your National Agency will inform you if you have been awarded the grant to participate in the BODY training course. In case of a positive reply, please contact us at your earliest convenience via info@bodyproject.eu.

All travel costs will be covered for adult trainers that are accepted by their National Agency as course participants.

For further information about the application procedure and the course organization please contact the partner organisation in your country.

- [Dora Djamila Mester](#) ARS EROTICA (Hungary)
- [Luisa Ardizzone](#) CESIE (Italy)
- [Carlo Depreytere](#) and griet.reyniers@kvg.be KVG (Belgium)
- [Margit Helle Thomsen](#) MHT (Denmark)
- [Vera Varhegyi](#) Elan Interculturel (France)

If you are resident of a country not in the list, please contact info@bodyproject.eu

N.B. The Grundtvig in-Service Training is open to EU27 citizens and to residents of countries that joined the LLP programme (Turkey, Switzerland, Croatia)

A list of National Agencies can be found here:

http://ec.europa.eu/education/programmes/llp/national_en.html