

## BODY IN CULTURE - CULTURE IN BODY INTERNATIONAL CONFERENCE

11th-12th September 2013  
Bruges, Belgium

### We invite to participate:

- Trainers involved in adult education, in particular working with multicultural groups
- Teachers, trainers of body-related activities (dance, sport, yoga etc.)
- Social workers, health professionals performing educational activities
- Students of adult education

### Why participate?

- Propose interactive workshop sessions
- Bring your practices, approaches to share with others
- Come to attend and exchange with others, learn from others

[www.bodyproject.eu](http://www.bodyproject.eu)  
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### Organized by:

KVG Katholieke Vereniging  
Gehandicapten Vormingsbeweging vzw  
[www.kvg.be](http://www.kvg.be)

### Partners:

Elan Interculturel  
[www.elaninterculturel.com](http://www.elaninterculturel.com)

MHT Consult  
[www.mhtconsult.dk](http://www.mhtconsult.dk)

Ars Erotica Foundation  
[www.arserotica.hu](http://www.arserotica.hu)

CESIE  
Centro Studi ed Iniziative Europeo  
[www.cesie.org](http://www.cesie.org)

BODY Culture, Body, Gender, Sexuality in Adult Trainings  
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Provinciehuis Boeverbos  
Koning Leopold III-laan 41  
8200 Sint-Andries (Brugge)



## A conference on culture, body, gender, health, sexuality in adult trainings

BODY is a two-year Grundtvig project, funded by the EC under Grundtvig of the Lifelong Learning Programme. The BODY project has the overall aim to explore how our perception of the body and body-related themes such as health, disease, gender, age, sexuality and disability is influenced by

cultural differences and on the same affects our intercultural communication. Furthermore, the goal is to provide exemplary knowledge and experience on how professionals can handle cultural differences linked to the body in an appreciative and respectful way. Based on the specific method of Critical Incidents proposed by Margalit Cohen-Emerique, We also identified a wide range of examples that illustrate how people around Europe

through professional cultural encounters have developed best practices to accommodate cultural differences in body language and body image. The best practices all operate in the intersection between culture and body where intercultural empathy and respect have overcome the communication challenges and barriers that traditionally are known to be linked to the specific communication of the body.

### 11th SEPTEMBER 2013 DAY 1

Time	Session	Description of the session and format
8.30	Registration + installation of the Bazaar	The Bazaar is a space where participants can expose information on their activities, tools, projects related to the conference theme [Open space].
9.30	Welcome and opening of the conference	Welcome by <b>Jozef De Witte</b> [Plenary sessions]
9.45	Intro to the BODY project	Short introduction of the BODY project [Plenary sessions]
10.05	<b>Margalit Cohen-Emerique</b> , phd Social Psychology, expert of intercultural relations and her title:	<b>Body, identity and the sensitive zones</b> - An introduction into the cultural diversity concerning the body and its impact on our lives in multicultural societies [Plenary sessions]
11.00	Coffee break	
11.20	Parallel sessions – diagnostics of diversity	Interactive sessions on the following themes (please register in advance!) [Interactive workshop sessions]
Room 1	Mirrors of the body – learning about ourselves through others by <b>Vera Varhegyi, France</b>	An interactive exercise based on images to unveil our own cultural norms, expectations, values connected to the body.
Room 2	Separate to integrate – recognizing special needs without excluding by <b>Gwen Dekeuleneer and Griet Reyniers, Belgium</b>	An interactive session to explain and think about the place of a person with a disability in society.
Room 3	<b>Bianca Maria Pirani, Professor of Sociology of Cultural Sapienza, University of Rome</b>	Embodiment: Mapping the Cultural Difference in the New Mobility Spaces and discussion
12.50	Lunch break and visit to the Bazaar	
14.00	Presentation of the BODY products: critical incidents, best practices, reader, international training, Manual	Presentation and discussion of different products of the BODY project led by the responsible of each product. [Plenary sessions]
15.00	Interactive coffee break	A chance to talk more about the BODY products and the project team; to learn from each other / the partners of the BODY team [Open space].
15.50	Parallel sessions - interactive embodied exercises:	
Room 1	Movement as contact by <b>Soad Ibrahim, Italy</b>	Movement as contact: an all inclusion contact dance session showing how the body can become an interface, a source of contact and common experience
Room 2	Anthropology of touch by <b>André Borguet, Belgium</b>	We experience the power of touching and how it can contribute to the wellbeing of a person. [Interactive workshop sessions]
17.20	Daily evaluation and closing	

### 12th SEPTEMBER 2013 DAY 2

Time	Session	Description of the session and format
9.30	Welcome to day 2.	
9.45	Parallel sessions [Interactive workshop sessions]:	
Room 1	Health in a holistic perspective by <b>Susanne Lund Christensen and Margit Helle Thomsen, Denmark</b>	Drawing a short outline of good practices where body-related training has been used as a mean of strengthening both physical and mental resources among migrants.
Room 2	Best practice intro session by <b>Luisa Ardizzone, Italy</b>	Introduction of Best Practices. Special focus on "In between us" workshop, suggesting new approaches to tackle stereotypes and assumptions about sexuality and to create a space for self and group reflection about values related to sexuality.
Room 3	Body and communicating across cultures by <b>Vera Varhegyi, France</b>	Interactive introduction to the cultural diversity of non verbal communication
11.15	Coffee break	
11.30	Parallel sessions [Interactive workshop sessions]: <b>our Methods</b>	
Room 1	Sex in action by <b>Dora Djamila Mester, Hungary</b>	In this interactive workshop we take sexuality as something more than a "body issue" neither universal or simply "natural" but more deeply connected to our cultures. We are all sexual beings even as trainers, care-givers or other professionals and this always has an effect on how we interact or work with other people.
Room 2	Body in disability trainings by <b>Gwen Dekeuleneer and Griet Reyniers, Belgium</b>	An interactive session about the way we can use body and BODY into training dealing with disability.
Room 3	Culture with healthy inclusion by <b>Naveed Baig, Denmark</b>	Methods in the intersection between body, health, illness and culture. The concept of illness and health differs in many ways, and cultural differences and hierarchies have led both to generalizations and excluding processes about the resources and capacities among ethnic minorities.
13.00	Lunch break and Bazaar of Good Practices. Before / after lunch participants can exchange about their own practices/methods exposed.	
14.00	Presentation of <b>Diana Szanto, anthropologist, Artemiszio Foundation, Hungary</b>	Cross-cultural variations in the interpretation of disability (on the basis of a west African field work)
15.00	<b>Panel about BODY</b> with <b>Diana Szanto, Maria Bianca Pirani, Vera Varhegyi, Dora Djamila Mester</b> . Open space sessions dedicated to trainers' skills and competences linked to body, gender, sexuality, health.	Opportunity to participants to work on issues related to trainers' skills, competences, tools linked to the body themes. The groups will meet again in plenary to share the outcomes / conclusions of their discussion
16.30	Evaluation and things to take home	
16.50	Closing	